

**GOBYBIKE WEEKS** – This week and next week are province-wide Go-By-Bike Weeks! By registering on GoByBikebc.ca and joining Team "Ballenas Bikers" you will contribute valuable data in helping Parksville become more bike friendly AND have the chance to win awesome prizes, just by riding your bike! Provincial Prizes this year include the chance to win one of several e-bikes and even a trip to Europe for you and your family. Talk to Mr. Townsend or look for the posters around the school for help signing up.

Get ready whalers, next week is HOCO week! Get prepared for a full week of fun dress up days to earn house colour points!

Tuesday: Whaler Day, wear your whaler gear or school colours

Wednesday: Colour day, Wear your House colour

Thursday: Black out, wear all black

Friday: PJ day, wear your pjs to school

**READY TO GLOW AT HOCO?** Our glow in the dark themed homecoming for grades 10-12 is taking place Thursday October 3rd. Join us for hand mixed drinks, specialty treats at concession, and all things GLOW. Tickets will be on sale this week and next - get them before they are gone! See Ms. Spence in room 913 for guest forms or financial aid.

**BSS CLUB SHOWCASE** – On Oct. 4 there will be a club showcase in the socialization area. Students, if you are involved in a club please come to the office to book a table.

**JUNIOR GIRLS BASKETBALL** – Those interested in playing junior girls basketball after the volleyball season please attend a meeting in room 605 Wednesday October 2nd at the start of lunch. Questions see Mr Spray.

**GRADE 8 GIRLS VOLLEYBALL** – If you have not given Mr. Lukianchuk your forms, please hand him your form in room 911. If there are any issues, please talk to Mr. Lukianchuk.

## LUNCH WEEKLY MENU -

FRIDAY – Pizza

Hay cep qa (thank you)